



CPD PROGRAMME 2007-08
DUAL RELATIONSHIPS: FETTERS OR FREEDOM?
EXPLORING THE LIMITS

An EXPERIENTIAL WORKSHOP for
COUNSELLORS and PSYCHOTHERAPISTS

WORKSHOP PRESENTER: **GABRIELLE SYME** (UKRC reg., MBACP snr accredited., BACP Fellow.)

**Friday 12th September 2008 - LAF training suite, Munro House, central Leeds -
10am-4pm**

Dual relationships arise whenever a therapist assumes more than one significantly different role, either simultaneously or sequentially, with a client, supervisee or trainee. These relationships are not necessarily harmful, or unavoidable, but there is always potential for a conflict of interest and exploitation of the person seeking help.

In the early days of counselling the only dual relationship that was consistently forbidden was a sexual one. However, today most of the Western-biased counselling associations either forbid non-sexual dual relationships, or advise extreme caution. Examples of dual relationships are receiving or giving gifts, socialising, counselling a friend or family member, counselling a supervisee or trainee, and bartering.

This workshop will use examples from your own professional life to explore how we protect our clients from harm, work creatively with them, and balance their needs with our professional codes of ethics. Some of the following issues will be discussed: Can a dual relationship ever help a client? Are there times when accepting a gift is right? Are the Western-biased codes so ethnocentric that they are inappropriate for more communally based societies? Can barter ever be used when paying for therapy?

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Gabrielle Syme was Chair of British Association for Counselling (BAC) from 1996-1999 and has worked as a counsellor in private practice for over 25 years. She has also worked in the voluntary sector, in higher education, and in secondary health care. Her major interests are in promoting good practice and bereavement, reflected in her acclaimed books: *Gift of Tears* (1992; co-authored with Susan Lendrum); *Counselling in Independent Practice* (1994); *Dual Relationships in Counselling and Psychotherapy - Exploring the Limits* (2003); and *Objectives and Outcomes - Questioning the Practice of Psychotherapy* (2006; co-authored with Jenifer Elton Wilson), as well as in numerous articles and contributions to other works.

Leeds Counselling is a charity providing accessible counselling services across the city.
Your workshop fee will be used to support our charitable activities.

BOOKING: Either return tear off booking form below or download this form at
<http://www.leedscounselling.org.uk/training>

FEE: £75, to include refreshments and lunch, materials, and CPD certificate. (£65 if more than one workshop booked at the same time)

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CPD PROGRAMME 2007-08

Leeds Counselling's Continuing Professional Development programme is intended to assist counsellors, psychotherapists and other professionals from diverse theoretical backgrounds. We are pleased to present some experienced practitioners to lead these workshops and offer fresh perspectives that will both stimulate your thinking and enhance your work with clients.

Code	Date of Workshop	Workshop Leader	Workshop Title
APR-KK	11 th Apr 08	Kate Kent	Introduction to Drama Therapy
APR-LM	25 th Apr 08	Lesley Murphy	Success in Therapy
MAY-TG	16 th May 08	Tim Gauntlett	Next Steps: Becoming a Supervisor
JUN -GB	6 th June 08	Golnar Bayat	Introduction to Cross-cultural Issues
SEPT – GS	12 th Sept 08	Gabrielle Syme	Fetters or Freedom: Exploring Dual Relationships

FEES: **£75** (£65 each if more than one workshop booked at the same time) includes lunch, materials, and CPD certificate

VENUE: LAF Training Suite, Munro House, Duke Street, Leeds, (opposite the bus station)

TIMES: 10am – 4pm, with registration from 9.30am



I would like to reserve place(s) on the following workshop(s): Code(s) _____

* I enclose a cheque payable to “**Leeds Counselling**” for the sum of £_____

Or

* My employer will be paying the course fee and I attach a * Letter of Authorisation / * Purchase Order.

Title & First Name: Surname:

Address:

..... Postcode:

Daytime Phone No: Mobile:

e-mail:

Send to: Training Administrator, Leeds Counselling, Leeds Bridge House,

Hunslet Road, Leeds, LS10 1JN

Tel (0113) 243 3400

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