



*offering counselling and psychotherapy services to the region*

CPD Programme 2008-09

# **Destructive processes in groups : a psychodynamic exploration**

**Presented by : EWA WOJCIECHOWSKA** (M.Inst.GA, UKCP Reg.)

**Friday 30<sup>th</sup> January 2009 – 10am to 4pm – Munro House, Leeds city centre**

## **Overview of the Workshop**

This workshop will explore the various unconscious processes which occur in groups, with a particular emphasis on anti-group phenomena. Anti-group phenomena are potentially destructive processes which can seriously impede the formation and development of many different types of groups. These phenomena can be transformed and harnessed to good effect in the service of a creative and successful group, if understood and worked with appropriately.

## **What you will gain from the day**

The workshop will help you understand why groups can struggle or fail, and equip you to help a group overcome anti-group phenomena.

The day will comprise both didactic and experiential elements. Participants are encouraged to bring their own experiences of groups, either as the group conductor or leader, or as a member where destructive processes have been evident.

## **Who should attend**

This workshop is aimed at counsellors and psychotherapists who wish to explore the various unconscious processes which can occur in groups.

## **The tutor**

Ewa Wojciechowska is a psychodynamic psychotherapist and group analyst in private practice. She is co-director of Relationships at Work Ltd, a national human relations consultancy, and Vice-Chair of the Institute for Group Analysis, London. Ewa has over 25 years' experience of teaching and supervising counsellors, psychotherapists and other mental health professionals.

**FEE: £75, to include refreshments and lunch, materials and CPD workshop  
(£65 if more than one workshop booked at the same time)**

**Leeds Counselling is a charity providing accessible counselling services across the city.  
Your workshop fee will be used to support our charitable activities.**



## CPD PROGRAMME 2008 – 2009

Leeds Counselling's Continuing Professional Development programme is intended to assist counsellors, psychotherapists and other professionals from diverse theoretical backgrounds. We are pleased to present some experienced practitioners to lead these workshops and offer fresh perspectives that will both stimulate your thinking and enhance your work with clients.

CODE	WORKSHOP DATE	WORKSHOP LEADER	WORKSHOP TITLE
SEP-GS	12 <sup>th</sup> Sept 08	Gabrielle Syme	Fetters or Freedom : Exploring the Limits
OCT-CWT	10 <sup>th</sup> Oct 08	Cherril Wilson-Toft	Listening to ourselves, Listening to each other
NOV-AG	21 <sup>st</sup> Nov 08	Alison Gilmour	Bringing creativity into the counselling room
DEC-KDB	5 <sup>th</sup> Dec 08	Kim Dent-Brown	Introduction to 6-part story method
JAN-EW	30 <sup>th</sup> Jan 09	Ewa Wojciechowska	Destructive processes in groups : a psychodynamic exploration

FEES: £75 (£65 each if more than one workshop booked at the same time) includes lunch, materials and CPD certificate

VENUE: LAF Training Suite, Munro House, Duke Street, Leeds (opposite the bus station)

TIMES: 10am – 4pm, with registration from 9:30am

### BOOKING FORM

I would like to reserve \_\_\_\_\_ place(s) on the following workshop(s): Code(s) \_\_\_\_\_

1<sup>st</sup> delegate name \_\_\_\_\_

2<sup>nd</sup> delegate name \_\_\_\_\_

Contact Address \_\_\_\_\_

Daytime Tel. No. \_\_\_\_\_ Mobile \_\_\_\_\_

Email \_\_\_\_\_ Profession \_\_\_\_\_

#### **PAYMENT – Please highlight**

- I enclose a cheque made payable to Leeds Counselling for the sum of £ \_\_\_\_\_
- I enclose an official invoice request / purchase order from my employer for the amount of £ \_\_\_\_\_

Please send to: Lisa Ellis, Leeds Counselling, Leeds Bridge House, Hunslet Road, Leeds, LS10 1JN  
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