



CPD Programme 2008-09

Introducing the 6-Part Story Method

Presented by : Dr KIM DENT-BROWN (BSc, Dip. Dramatherapy, PhD, HPC reg.)

Friday 23rd January 2009 – 10am to 4pm – Munro House, Leeds city centre

Overview of the Workshop

6 Part Story Method enables clients to create and tell a personalised, fictional story. The themes, elements, conflicts, strengths and weaknesses in the story convey an impression of the client's own inner world. The story is analysed co-operatively, with the client taking the lead and the listener acting as facilitator. The technique has been used in the assessment of people with complex psychological problems (personality disorder), and clients report that this is an easy, non-threatening method of opening up communication. Clinicians find it a useful way of adding an extra dimensions to assessments, and it can also be a useful tool for bringing in at moments of 'stuckness' in client work.

What you will gain from the day

The aim is that by the end of the workshop, you will have constructed and told your own story, and acted as facilitator for at least one other. This workshop will give you sufficient knowledge and skills to begin to use the 6PSM in your own work, after some further practice and reflection.

Who should attend

This workshop is aimed at counsellors and psychotherapists who wish to explore the 6-part story method for use in their clinical work.

The tutor

Dr Kim Dent-Brown originally trained as an Occupational Therapist and then as a Dramatherapist, and has spent most of his working life in mental health settings in the NHS, specialising in working with people with personality disorders. As a dramatherapist he became particularly interested in the projective storymaking technique known as the 6-Part Story Method (6PSM). In 1999 he won a Winston Churchill Travelling Fellowship and worked with the developers of the 6PSM in Israel and Palestine. On his return he completed a PhD researching the validity and reliability of the 6PSM. He now works at the University of Sheffield in the Centre for Psychological Services Research, where he has recently completed a randomised trial of psychotherapy as a treatment for borderline personality disorder.

**FEE: £75, to include refreshments, lunch, reference materials, and CPD certificate
(£65 if more than one workshop booked at the same time)**

**Leeds Counselling is a charity providing accessible counselling services across the city.
Your workshop fee will be used to support our charitable activities.**



CPD PROGRAMME 2008 – 2009

Leeds Counselling's Continuing Professional Development programme is intended to assist counsellors, psychotherapists and other professionals from diverse theoretical backgrounds. We are pleased to present some experienced practitioners to lead these workshops and offer fresh perspectives that will both stimulate your thinking and enhance your work with clients.

CODE	WORKSHOP DATE	WORKSHOP LEADER	WORKSHOP TITLE
NOV-AG	21 st Nov 08	Alison Gilmour	Bringing creativity into the counselling room
JAN-KDB	23rd Jan 09	Kim Dent-Brown	Introduction to 6-part story method
JAN-EW	30 th Jan 09	Ewa Wojciechowska	Destructive processes in groups : a psychodynamic exploration

FEES: £75 (£65 each if more than one workshop booked at the same time) includes lunch, materials and CPD certificate

VENUE: LAF Training Suite, Munro House, Duke Street, Leeds (opposite the bus station)

TIMES: 10am – 4pm, with registration from 9:30am

BOOKING FORM

I would like to reserve _____ place(s) on the following workshop(s): Code(s) _____

1st delegate name _____

2nd delegate name _____

Contact Address _____

Daytime Tel. No. _____ Mobile _____

Email _____ Profession _____

PAYMENT – Please highlight

- I enclose a cheque made payable to Leeds Counselling for the sum of £_____
- I enclose an official invoice request / purchase order from my employer for the amount of £_____

Please send to: Lisa Ellis, Leeds Counselling, Leeds Bridge House, Hunslet Road, Leeds, LS10 1JN
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