



offering counselling and psychotherapy services to the region

CPD Programme 2008-09

Working Therapeutically with People in Crisis

Presenters: Steve Edgar RMN, BSc (Hons) Applied Psychology **David Clancy** MA, UKCP reg.

Friday 22nd May 2009 – 10am to 4pm – Munro House, Leeds city centre

Overview of the Workshop

This experiential one-day workshop is designed for counsellors and other practitioners who work therapeutically with clients "in crisis". The workshop will help you to think reflectively about what crisis means for different people, and look at new ways of assessing crisis and risk. The very nature of crisis can be disempowering for both client and practitioner; this workshop will look at what interventions are helpful for people in crisis, using Roberts' Seven Stage Crisis Intervention Model as a basis for discussion.

Participants will have the opportunity to use case material to explore the concepts, to share experiences, and gain confidence in assessing and working with clients in crisis.

What you will gain from the day

The workshop is facilitated by staff from Leeds Crisis Centre and will cover specific topics:

- Definitions and perspectives on "crisis"
- Helping people in crisis - evidence-based interventions
 - Roberts' Seven Stage Crisis Intervention Model
 - Crisis and risk assessment
 - When is a crisis not a crisis?

Who should attend

The workshop will appeal to all counsellors and therapeutic practitioners who are interested in developing their skills and theoretical knowledge in working with clients experiencing crisis.

The tutors

Steve Edgar has long experience of working with people in crisis. His background is in psychiatric nursing, and he has worked at Leeds Crisis Centre since 1991, managing the service since 2002. David Clancy has worked at Leeds Crisis Centre for 8 years, having worked in health and social care for 12 years prior to this. He is a UKCP registered Psychoanalytic Psychotherapist.

**FEE: £75, to include refreshments and lunch, materials and CPD certificate
(£65 if more than one workshop booked at the same time)**

**Leeds Counselling is a charity providing accessible counselling services across the city.
Your workshop fee will be used to support our charitable activities.**



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CPD PROGRAMME 2008 – 2009

Leeds Counselling's Continuing Professional Development programme is intended to assist counsellors, psychotherapists and other professionals from diverse theoretical backgrounds. We are pleased to present some experienced practitioners to lead these workshops and offer fresh perspectives that will both stimulate your thinking and enhance your work with clients.

CODE	WORKSHOP DATE	WORKSHOP LEADER	WORKSHOP TITLE
FEB-TG	25 th Feb – 1 st Apr 09	Tim Gauntlett	The theory & practice of clinical supervision – an introductory training (6 evening seminars)
FEB-AS	27 th Feb 09	Ann Steel	Working effectively with children & young people through bereavement & loss
MAY-PL	8 th May 09	Paddy Lund	An Introduction to Coaching
MAY-SE	22 nd May 09	Steve Edgar & David Clancy	Working Therapeutically with People in Crisis
JUN-EW	19 th Jun 09	Ewa Wojciechowska	Destructive processes in groups : a psychodynamic exploration
JUL-PL	3 rd Jul 09	Paddy Lund	Developing Coaching

FEES: £75 (£65 each if more than one workshop booked at the same time) includes lunch, materials and CPD certificate

VENUE: LAF Training Suite, Munro House, Duke Street, Leeds (opposite the bus station)

TIMES: 10am – 4pm, with registration from 9:30am

BOOKING FORM

I would like to reserve _____ place(s) on the following workshop(s): Code(s) _____

1st delegate name _____

2nd delegate name _____

Contact Address _____

Daytime Tel. No. _____ Mobile _____

Email _____ Profession _____

PAYMENT – Please highlight

- I enclose a cheque made payable to Leeds Counselling for the sum of £ _____
- I enclose an official invoice request / purchase order from my employer for the amount of £ _____

Please send to: Lisa Ellis, Leeds Counselling, Leeds Bridge House, Hunslet Road, Leeds, LS10 1JN
TEL (0113) 243 3400

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