

COUNSELLING IN SCHOOLS

An Introductory Course for Qualified Counsellors and Therapists

Dates: Saturdays 12/9/09; 19/9/09; 3/10/09; 17/10/09
10am-4pm with lunch

Venue: NHS Northern School for Child & Adolescent Psychotherapy,
Springwell Road, Holbeck, Leeds

Price: £345

SUMMARY

The aim of this course is to introduce qualified counsellors or creative therapists to the particular context of working therapeutically with children and young people in educational settings.

WHO IS THE COURSE FOR?

The course is aimed at experienced professional counsellors or therapists who wish to extend their work into educational settings. The course does not provide training in counselling or psychotherapy, therefore applications will only be considered from:

- counsellors/psychotherapists who have a Diploma qualification from a BACP-accredited training (ideally with at least 2 years' post-qualification experience)
- HPC-registered arts therapists

WHAT ARE THE LEARNING OUTCOMES?

The course will help practitioners to work within their own professional competence with a broad range of emotional, developmental and behavioural difficulties presented by children and young people. The course will provide counsellors and therapists, whose previous experience may be with adults or in different sectors, with an introduction to the distinctive demands of working with children and young people in schools.

By the end of the course, students will have a greater awareness of:

- The role of educational settings in the emotional development of the personality
- Unconscious processes affecting role and task in educational settings
- Existing models of practice in delivering school counselling
- The role of the school counsellor in a multidisciplinary team
- Statutory frameworks surrounding children, and how to relate to them

WHAT IS THE APPROACH OF THE COURSE?

Although the course will be delivered within a psychoanalytic framework, applications are welcomed from practitioners from all recognised therapeutic modalities. The course will emphasise the importance of close observation and an understanding of the emotional factors that can hinder children's learning and personality development. The impact of anxiety and institutional dynamics in relation to the counsellor's professional role and their interaction with teachers and students will also be considered.

Basic information will also be provided about the context of working in schools, including issues of safeguarding children, and the referral of children and young people with more complex difficulties to CAMHS or other services.

HOW IS THE COURSE DELIVERED?

The training provider is the Northern School of Child and Adolescent Psychotherapy (NSCAP), the north of England NHS centre for psychoanalytic psychotherapy training for professionals working with children, young people and their families. NSCAP is hosted by Leeds Partnerships NHS Foundation Trust, and is a collaborative partner of the University of Leeds, the Tavistock and Portman NHS Foundation Trust, and University of East London.

This NSCAP programme is designed and led by Lydia Hartland-Rowe, Consultant Child and Adolescent Psychotherapist and Head of Strategic Learning Development at NSCAP; Organising Tutor for the MA/PG Dip Programme 'Psychodynamic Approaches to Working with Adolescents', Tavistock Clinic; and Tutor and Outreach Organising Tutor, 'Counselling Aspects of Education', Tavistock Clinic 2001 – 2005. There will be contributions from additional guest trainers experienced in work with children in schools, from a range of professional backgrounds. The training will be tailored to meet the participants' needs, and delivered through a stimulating mixture of presentations, small group discussions, and experiential events.

Participants will be provided with a resource pack and access to NSCAP's specialist library. A Certificate of Attendance detailing the course content and learning outcomes will be provided as evidence of professional development.

CORE ELEMENTS

Course material will be delivered in the following four areas:

Development and emotional life in childhood and adolescence:

- Play and communication
- Emotional development and learning
- The role of observation

The statutory framework surrounding children:

- Safeguarding children in a school setting
- Risk and confidentiality
- Child protection assessment and referral processes

Institutional dynamics in educational settings:

- Emotional factors in learning and teaching
- Role and authority in educational settings
- Working collaboratively across agencies

Models of practice in school counselling:

- Referrals, contracts and record-keeping in educational settings
- Models of direct work with children
- Whole-school and whole-class models of work

CONTINUING DEVELOPMENT

After the initial training course, participants who have begun work in schools will have an opportunity to attend a monthly work discussion seminar for 12 months (additional fee payable). These monthly seminars are a forum for thinking about practice and improving therapeutic communication with children and young people, in a group led by a child and adolescent psychotherapist. Attention will be paid to the work in an educational setting, including the expectations and the pressures of the institution in which they work and the worker's own role within the school.

COSTS OF THE COURSE

The fee for the initial four-day course is £345 per person. This fee includes lunch and refreshments and participants will also receive a resource pack and access to the NSCAP's library. Successful applicants are expected to make payment or to supply a purchase order from their employer in advance.

FURTHER INFORMATION

Enquiries about this course (including eligibility) should be made to in the first instance to: Lisa Ellis, Training Administrator, Leeds Counselling, Leeds Bridge House, Hunslet Road, Leeds, LS12 1JN lisa.ellis@leedscounselling.org.uk 0113 243 3400

COUNSELLING IN SCHOOLS

An Introductory Course for Qualified Counsellors and Therapists

APPLICATION FORM

1. Personal details

Name.....

Occupation/Profession.....

Address.....

.....

.....

Daytime phone number or mobile number.....

Email address.....

2. Funding

Applicants may submit this form prior to securing funding but must be in a position to identify their funding source at the point at which an offer of a place on the course is made.

Please state intended source of funding:

Self

Where students are self-funding, arrangements may be made to pay in instalments.

Employer

If your employer intends to fund you, please give the name and address of your employer below and where possible enclose a purchase order/letter of confirmation of funding.

.....

.....

.....

.....

.....

3. Qualifications

Please give details of relevant qualifications and/or membership of professional bodies, including dates, training provider, qualification achieved, etc:

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

4. Experience

Please give an overview of your experience as a counsellor/arts therapist (either in a paid capacity or otherwise), including current role(s):

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

5. Reasons for applying

Please give a brief description of your reasons for applying for this training course and say what you hope to gain from it:

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

