



offering counselling and psychotherapy services to the region

CPD Programme 2009-10

Reflecting on Grief and Loss in Childhood & Adolescence **- a Practical & Experiential Approach**

Presented by: ANN STEEL (MBACP Accred., UKRCP reg.)

Friday 13th November 2009 – 10am to 4pm – 6-8 The Headrow, Leeds city centre

Overview of the Workshop

This workshop will provide an opportunity to explore and reflect upon your own feelings and experiences of loss and bereavement in Childhood and Adolescence, and develop self awareness in relation to grief. The workshop will balance experiential learning with exploring the theories of grief. You will have the opportunity to explore these concepts and share your own experiences through individual, group work, and experiential exercises, thus enhancing your understanding of manifestations of unresolved childhood grief in adult life.

What you will gain from the day

- Opportunities to explore and reflect upon your own feelings and experiences of loss and bereavement
- An understanding of the applications of the theories of grief
- A greater understanding of the ways in which unresolved grief in childhood/adolescence can affect psychological functioning in adult life

Who should attend

Counsellors, psychotherapists, and anyone working with young people who wishes to enhance their understanding of loss and grief in relation to children and young people.

The tutor

Ann Steel (MBACP Accred., MCCYP, UKRCP reg.) is an integrative counsellor and qualified mediator with significant experience in working with children, young people and families in variety of settings. Over recent years she has worked with many children and young people who have suffered bereavement and significant loss in their lives.

**FEE: £75, to include refreshments and lunch, materials and CPD certificate
(£65 if more than one workshop booked at the same time)**

**Leeds Counselling is a charity providing accessible counselling services across the city.
Your workshop fee will be used to support our charitable activities.**



CPD PROGRAMME 2008 – 2009

Leeds Counselling's Continuing Professional Development programme is intended to assist counsellors, psychotherapists and other professionals from diverse theoretical backgrounds. We are pleased to present some experienced practitioners to lead these workshops and offer fresh perspectives that will both stimulate your thinking and enhance your work with clients.

CODE	WORKSHOP DATE	WORKSHOP LEADER	WORKSHOP TITLE
SEP-UM	11 th Sep 09	Una McCluskey	To be Met as a Person: Dynamics of Attachment in Professional Encounters
OCT-MG	9 th Oct 09	Michael Gartland	Between the fire and the Rose : Re-engaging with Soul & Spirit in Counselling & Psychotherapy
NOV-AS	13 th Nov 09	Ann Steel	Reflecting on Grief & Loss in Childhood & Adolescence – a Practical & Experiential Approach

FEES: £75 (£65 each if more than one workshop booked at the same time) includes lunch, materials and CPD certificate

VENUE: LAF Training Suite, Munro House, Duke Street, Leeds (opposite the bus station)

TIMES: 10am – 4pm, with registration from 9:30am

BOOKING FORM

I would like to reserve _____ place(s) on the following workshop(s): Code(s) _____

1st delegate name _____

2nd delegate name _____

Contact Address _____

Daytime Tel. No. _____ Mobile _____

Email _____ Profession _____

PAYMENT – Please highlight

- I enclose a cheque made payable to Leeds Counselling for the sum of £_____
- I enclose an official invoice request / purchase order from my employer for the amount of £_____

Please send to: Lisa Ellis, Leeds Counselling, Leeds Bridge House, Hunslet Road, Leeds, LS10 1JN
TEL (0113) 243 3400

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