



Leeds Counselling
offering counselling and psychotherapy services to the region

CPD Programme 2008-09

Between the Fire and the Rose:

Re-engaging with soul and spirit in counselling and psychotherapy

Presenter: MICHAEL GARTLAND
(M.Sc. M.Ed. Dip.Psych. BA(Hons) UKCP reg.)

Friday 9th October 2009 – 10am to 4pm – Munro House, Leeds city centre

Overview of the Workshop

In an age where psychological therapies are delivered in increasingly prescriptive ways, how does the counsellor's own spirituality or spiritual beliefs contribute (or not) to the healing and recovery process?

This workshop is aimed at practitioners interested in exploring the language of soul, heart, and spirit, both in relation to both your own personal development and clinical practice. The day will have particular reference to the limitations of language and logic in apprehending the uniquely human, and we will look at the necessary use of metaphor, allegory, and paradox in communicating the otherwise inexpressible or ineffable regions of personal experience.

It will be of special interest to all those conscious of an often awkward gap between the normal discourses of academic psychology, counselling and psychotherapy and 'these mysterious entities called soul and spirit'.

The tutor

Mike Gartland is a UKCP psychodynamic psychotherapist and Anglican Priest who works in the NHS as Head of Pastoral and Spiritual Care for the South West Yorkshire Mental Health Trust. He has research interests in intercultural psychiatry and Buddhist psychology.

Mike is a regular leader of retreats and is a founder of Foster Place Retreat in Holmfirth. He is also a trustee of The Morning Star Sangha, a Buddhist and Christian contemplative organisation which seeks to move 'beyond identity, beyond opposites' in religious and spiritual practice.

**FEE: £75, to include refreshments and lunch, materials and CPD certificate
(£65 if more than one workshop booked at the same time)**

**Leeds Counselling is a charity providing accessible counselling services across the city.
Your workshop fee will be used to support our charitable activities.**



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CPD PROGRAMME 2008 – 2009

Leeds Counselling's Continuing Professional Development programme is intended to assist counsellors, psychotherapists and other professionals from diverse theoretical backgrounds. We are pleased to present some experienced practitioners to lead these workshops and offer fresh perspectives that will both stimulate your thinking and enhance your work with clients.

CODE	WORKSHOP DATE	WORKSHOP LEADER	WORKSHOP TITLE
SEP-UM	11 th Sep 09	Una McCluskey	To be Met as a Person: Dynamics of Attachment in Professional Encounters
OCT-MG	9 th Oct 09	Michael Gartland	Between the fire and the Rose : Re-engaging with Soul & Spirit in Counselling & Psychotherapy

FEES: £75 (£65 each if more than one workshop booked at the same time) includes lunch, materials and CPD certificate

VENUE: LAF Training Suite, Munro House, Duke Street, Leeds (opposite the bus station)

TIMES: 10am – 4pm, with registration from 9:30am

BOOKING FORM

I would like to reserve _____ place(s) on the following workshop(s): Code(s) _____

1st delegate name _____

2nd delegate name _____

Contact Address _____

Daytime Tel. No. _____ Mobile _____

Email _____ Profession _____

PAYMENT – Please highlight

- I enclose a cheque made payable to Leeds Counselling for the sum of £_____
- I enclose an official invoice request / purchase order from my employer for the amount of £_____

Please send to: Lisa Ellis, Leeds Counselling, Leeds Bridge House, Hunslet Road, Leeds, LS10 1JN
TEL (0113) 243 3400 / EMAIL:- lisa.ellis@leedscounselling.org.uk

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